

Safe Haven

3 Practising positive communication

Use respectful, inclusive language, maintain an equal and friendly tone, and encourage open self-expression.

2
Being responsive
Greet students warmly, check in on their wellbeing, be alert to signs of distress, respond with empathy, and offer appropriate support.

1
Fostering personal connection
Get to know each student individually, including through non-academic interactions.

4
Promoting prosocial values
Model and encourage kindness, helpfulness, respect, and acceptance among students.

5
Facilitating a secure space for socioemotional learning
Provide time for students to express emotions, practice interpersonal skills, and resolve conflicts through mutual understanding.



Safe Teaching

is based on the development of positive teacher-student relationships in which the teacher acts as a secure attachment-like figure for students: a **Safe Haven**, a caring adult whom students can turn to for emotional regulation and connection, and a **Secure Base**, a trusted figure who encourages, supports, and empowers them to explore and learn new things.



Find out more at www.letscaireproject.eu

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